

Events



2026

JANUARY

FEBRUARY

Safer Internet Day
World Day of Social Justice

MARCH

International Women's Day
Int Day against Bullying
Int Day of Happiness
World Bipolar Day

APRIL

World Health Day

MAY

R U OK? in Trucks & Sheds
International Nurses Day
National Volunteer Week
World Schizophrenia Awareness Day
National Sorry Day
Reconciliation Week

JUNE

Infant MH Awareness Week
Men's Health Week
Int Day against Drug Abuse

JULY

NAIDOC Week
Birth Trauma Awareness Week
International Day of Friendship

AUGUST

International Youth Day
Wear It Purple Day

SEPTEMBER

Mullets for Mental Health
Women's Health Week
R U OK? Day
World Suicide Prevention Day

OCTOBER

Int. Day of Non-Violence
World Mental Health Week
World Mental Health Day

NOVEMBER

Movember
Perinatal Awareness Week
International Men's Day

DECEMBER

Human Rights Day